# Get the most out of your tour

Choosing a senior living community is a big decision. To help you feel prepared going into a tour and gather the information you need to make the best choice, here are the questions you should ask and the features you should look for.

#### What should I look for when touring?

- O Does the outside of the building appear clean and inviting?

  Is the landscaping well-manicured?

  Is the parking lot in good condition and clear of trash?
- O Upon entering, how were you greeted? Did you receive a warm welcome?
- O How are staff members treating residents?

  Are they kind and caring?

  Are they addressing residents by name?
- O How do staff and residents appear?

Do staff members smile at you as they pass?

Are residents happy and engaged?

Are staff and residents dressed and well-groomed? (for assisted living and memory care)

- Are there group activities in progress? Are residents relaxing or socializing in common areas?
- O Is the community clean and scent-free?
- Are exits clearly marked?
- Are handrails available throughout hallways?
- O Is the temperature comfortable?
- O How is the lighting throughout the community?
- O What outdoor spaces does the community offer?



# What safety precautions and services are available?

#### If touring an independent living community:

- O Does this community provide 24/7 staffing?
- O What third-party health agencies does the community partner with? Who coordinates these visits?
- O What is the community's emergency response plan? How are medical emergencies handled?

### If touring an assisted living or memory care community:

- O Does this community provide 24/7 staffing? Is there a registered nurse on-site at all times?
- Are individual service plans created for each resident? How are plans carried out?
- Are residents and families included in the process of preparing individualized service plans? What about current care providers?
- O Is there a physician who visits the facility regularly?
- O What third-party health agencies does the community partner with? Who coordinates these visits?
- O What level of medication management is available? Does staff administer medications?
- O What is the community's emergency response plan? How are medical emergencies handled?
- O What additional services are available? Can residents "age-in-place" or do they have to move facilities as their care needs change?
- O Does the community offer housekeeping and linen services? Is there an on-site maintenance team?
- O Is scheduled transportation available?

#### What social, entertainment and wellness opportunities are available?

- O What types of common areas does the community have for residents to enjoy?
- O What types of activities are offered? Ask for an activity calendar.
- O What types of outside entertainment visit the community?
- O How often are events held on-site? Are families invited?
- O Does the community plan outings for residents? What are some examples?
- O What opportunities for exercise are available? Is there a fitness room? Do they offer group fitness classes?
- O Is on-site therapy available?
- O What are the outdoor spaces like? Is there a shaded space to enjoy? A garden area? Walking paths?
- Are any religious services offered?

# What are the dining options?

- O Is the dining room clean, spacious and bright?
- O How many meals are served daily? Are made-to-order options available? Ask to see a sample menu.
- O Is food prepared on-site?
- O Does the food look fresh and appealing?
- O Are nutritious snacks available throughout the day?
- O Can meals be delivered to resident apartments?
- O Is there a private dining room available for reservation?
- Are catering services available for group events?

#### What are apartments like?

- What features are available?
- O Does the apartment offer a kitchen or kitchenette?
- O Is there ample storage and closet space?
- Are there privacy blinds or covers on windows?
- O Is individual climate control available?
- O What safety features are in place?

How does a resident call for help in case of an emergency?

Are there safety-assist rails in bathrooms?

Is there a walk-in shower or tub?

### How much will this cost and what are my financing options?

- O What are the monthly fees? What is included in this cost?
- O Is the community offering pricing incentives or move-in specials?
- O Is renter's insurance required?
- O What financial planning and funding resources are available?
- O Is individual climate control available?
- O What safety features are in place?

How does a resident call for help in case of an emergency?

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