

PRESS CONTACT:

Carey Hendrickson, Chief Financial Officer

Phone: 1-972-770-5600

FOR IMMEDIATE RELEASE

CAPITAL SENIOR LIVING CORPORATION REPORTS SECOND QUARTER 2018 RESULTS

DALLAS – (GLOBE NEWSWIRE) – July 31, 2018 – Capital Senior Living Corporation (the "Company") (NYSE:CSU), one of the nation's largest operators of senior housing communities, today announced operating and financial results for the second quarter 2018.

"Our financial results for the second quarter were impacted by a challenging operating environment and higher than anticipated attrition rates, especially towards the end of April and early May, which resulted in lower than expected occupancy and average rents," said Lawrence A. Cohen, Chief Executive Officer of the Company. "To address this, we implemented one-month specials in certain locations as well as targeted discounts, which successfully stabilized occupancy but had a resulting negative impact on our reported results. We expect the challenging competitive environment and its associated impacts on our results to continue through the balance of the year. As a result, we are reducing our full year guidance for 2018."

Mr. Cohen continued, "We are disappointed with our second quarter results, and have put in place immediate action plans to increase revenues and reduce expenses. Beyond these immediate steps, we continue to implement a number of broad-based operational improvements to strengthen our platform and processes. The seniors housing industry is in the midst of a timing gap between the growth of the senior population and a decline in construction starts. Fundamentally, Capital Senior Living is well positioned to take advantage of the expected improvement in supply/demand dynamics. With real estate ownership a core element of our differentiated strategy, we believe that the intrinisic value of our real estate will ultimately provide a multiplier effect when a recovery in the market and the impact from our operational initiatives take hold. In the meantime, we are moving forward with a focus on executing our comprehensive strategy, controlling costs and maximizing the value of our owned real estate."

<u>Operating and Financial Summary</u> (all amounts in this operating and financial summary exclude two communities that are undergoing lease-up or significant renovation and conversion, unless otherwise noted; also, see **Non-GAAP Financial Measures** below and reconciliation of Non-GAAP measures to the most directly comparable GAAP measure on the final page of this release.)

- Revenue in the second quarter of 2018, including all communities, was \$114.6 million, a \$2.1 million, or 1.8%, decrease from the second quarter of 2017. The second quarter of 2018 includes no revenue from the Company's two communities impacted by Hurricane Harvey in late August 2017. Revenue for these two communities was \$2.3 million in the second quarter of 2017.
 - Revenue for consolidated and same communities, which exclude two
 communities undergoing lease-up or significant renovation and conversion and
 the Company's two communities impacted by Hurricane Harvey, was \$113.2
 million in the second quarter of 2018, an increase of 0.1% as compared to the
 second quarter of 2017.
 - Occupancy for consolidated and same communities was 85.5% in the second quarter of 2018, a decrease of 60 basis points from the first quarter of 2018 and a decrease of 100 basis points from the second quarter of 2017.
 - Average monthly rent for consolidated and same communities was \$3,619, an increase of \$35 per occupied unit, or 1.0%, as compared to the second quarter of 2017.
- Income from operations, including all communities, was \$3.6 million in the second quarter of 2018 compared to \$4.7 million in the second quarter of 2017.
- The Company's Net Loss for the second quarter of 2018, including all communities, was \$9.1 million.
 - Excluding items noted and reconciled on the final page of this release, the Company's adjusted net loss was \$5.0 million in the second quarter of 2018.
 - Adjusted EBITDAR was \$38.4 million in the second quarter of 2018 compared to \$38.3 million in the second quarter of 2017. Adjusted EBITDAR is a financial valuation measure, rather than a financial performance measure, used by management and others to evaluate the value of companies in the senior living industry.
 - Adjusted Cash From Facility Operations ("CFFO") was \$10.6 million in the second quarter of 2018 compared to \$11.5 million in the second quarter of 2017.

Financial Results - Second Quarter

For the second quarter of 2018, the Company reported revenue of \$114.6 million, compared to revenue of \$116.7 million in the second quarter of 2017. Revenue for consolidated communities excluding the two communities undergoing significant renovation and conversion, and the two Houston communities impacted by Hurricane Harvey, increased 0.1% in the second quarter of 2018 as compared to the second quarter of 2017.

Operating expenses for the second quarter of 2018 were \$73.0 million, a decrease of \$0.3 million from the second quarter of 2017. Operating expenses include a \$1.6 million business interruption insurance credit related to the Company's two Houston communities impacted by Hurricane Harvey to offset the lost revenues and continuing expenses, and to restore the communities' net income for the second quarter of 2018 based on an approximate average of the communities' net income in the seven months of 2017 prior to the hurricane.

General and administrative expenses for the second quarter of 2018 were \$5.7 million. This compares to general and administrative expenses of \$6.1 million in the second quarter of 2017. Excluding transaction and conversion costs in both periods and a benefit reserve adjustment related to the Affordable Care Act in 2018, general and administrative expenses decreased \$1.1 million in the second quarter of 2018 as compared to the second quarter of 2017. As a percentage of revenues under management, general and administrative expenses, excluding transaction and conversion costs, were 3.9% in the second quarter of 2018 compared to 4.8% in the second quarter of 2017.

Income from operations for the second quarter of 2018 was \$3.6 million. The Company recorded a net loss on a GAAP basis of \$9.1 million in the second quarter of 2018. Excluding items noted and reconciled on the final page of this release, the Company's adjusted net loss was \$5.0 million in the second quarter of 2018.

The Company's Non-GAAP financial measures exclude two communities that are undergoing significant renovation and conversion (see "Non-GAAP Financial Measures" below), including a community in Indiana that recently completed a significant renovation and conversion and is now in lease-up that was excluded beginning in the second quarter of 2018. Three communities that were previously excluded from the Company's Non-GAAP financial measures were added back to such measures beginning in the first quarter of 2018.

Adjusted EBITDAR for the second quarter of 2018 was \$38.4 million as compared to \$38.3 million in the second quarter of 2017. Adjusted CFFO was \$10.6 million in the second quarter of 2018, as compared to \$11.5 million in the second quarter of 2017.

Operating Activities

Same-community results exclude two communities previously noted that are undergoing lease-up or significant renovation and conversion, and the two Houston communities impacted by Hurricane Harvey. Same-community results also exclude certain conversion costs.

Same-community revenue in the second quarter of 2018 increased 0.1% versus the second quarter of 2017.

Same-community operating expenses increased 2.8% from the second quarter of the prior year, excluding conversion costs in both periods. On the same basis, labor costs, including benefits, increased 3.4% and utilities increased 6.6%, while food costs decreased 6.9%, all as compared to the second quarter of 2017. At communities that have not converted units to higher levels of care, labor costs increased 2.5% compared to the second quarter of 2017. Same-community net operating income decreased 4.3% in the second quarter of 2018 as compared to the second quarter of 2017.

Capital expenditures for the second quarter of 2018 were \$5.2 million, representing approximately \$4.0 million of investment spending and approximately \$1.2 million of recurring capital expenditures.

Financial Outlook

The Company expects the operating environment to remain challenging through 2018 and for the lower average monthly rents that resulted from the pricing actions taken in the first half of 2018 to impact the remainder of the year. As such, the Company currently expects its full-year 2018 Adjusted CFFO to be in the range of \$38 million to \$41 million. Immediate recovery plans have been implemented across the portfolio to increase revenues and reduce expenses. The sales and operational improvements the Company has been implementing throughout 2018 continue to progress. Furthermore, the Company is currently conducting a comprehensive review of operations to determine additional steps that can be taken to improve performance going forward. The Company believes these proactive actions will position it to deliver improved results beginning in 2019, particularly as the 80+ senior population growth accelerates in the next 18 months and beyond.

Balance Sheet

The Company ended the quarter with \$24.3 million of cash and cash equivalents, including restricted cash. As of June 30, 2018, the Company financed its owned communities with mortgages totaling \$954.6 million at interest rates averaging 4.8%. All of the Company's debt is at fixed interest rates, except for two bridge loans totaling approximately \$76.4 million at June 30, 2018, one of which matures in the first quarter of 2020 and the other in the fourth quarter of 2021. The earliest maturity date for the Company's fixed-rate debt is in 2021.

The Company's cash on hand and cash flow from operations are expected to be sufficient for working capital, prudent reserves and the equity needed to fund the Company's acquisition, conversion and renovation programs.

Q2 2018 Conference Call Information

The Company will host a conference call with senior management to discuss the Company's second quarter 2018 financial results. The call will be held on Tuesday,

July 31, 2018, at 5:00 p.m. Eastern Time. The call-in number is 323-994-2093, confirmation code 7656713. A link to a simultaneous webcast of the teleconference will be available at www.capitalsenior.com through Windows Media Player or RealPlayer.

For the convenience of the Company's shareholders and the public, the conference call will be recorded and available for replay starting July 31, 2018 at 8:00 p.m. Eastern Time, until August 8, 2018 at 8:00 p.m. Eastern Time. To access the conference call replay, call 719-457-0820, confirmation code 7656713. The conference call will also be made available for playback via the Company's corporate website, www.capitalsenior.com.

Non-GAAP Financial Measures of Operating Performance

Adjusted EBITDAR is a financial valuation measure and Adjusted Net Income/(Loss) and Adjusted CFFO are financial performance measures that are not calculated in accordance with U.S. generally accepted accounting principles ("GAAP"). Non-GAAP financial measures may have material limitations in that they do not reflect all of the costs associated with our results of operations as determined in accordance with GAAP. As a result, these non-GAAP financial measures should not be considered a substitute for, nor superior to, financial results and measures determined or calculated in accordance with GAAP.

Adjusted EBITDAR is a valuation measure commonly used by our management, research analysts and investors to value companies in the senior living industry. Because Adjusted EBITDAR excludes interest expense and rent expense, it allows our management, research analysts and investors to compare the enterprise values of different companies without regard to differences in capital structures and leasing arrangements.

The Company believes that Adjusted Net Income/(Loss) and Adjusted CFFO are useful as performance measures in identifying trends in day-to-day operations because they exclude the costs associated with acquisitions and conversions and other items that do not ordinarily reflect the ongoing operating results of our primary business. Adjusted Net Income/(Loss) and Adjusted CFFO provide indicators to management of progress in achieving both consolidated and individual business unit operating performance and are used by research analysts and investors to evaluate the performance of companies in the senior living industry.

The Company strongly urges you to review on the last page of this release the reconciliation of net loss to Adjusted EBITDAR and the reconciliation of net income/(loss) to Adjusted Net Income/(Loss) and Adjusted CFFO, along with the Company's consolidated balance sheets, statements of operations, and statements of cash flows.

About the Company

Capital Senior Living Corporation is one of the nation's largest operators of residential communities for senior adults. The Company's operating strategy is to provide value to residents by providing quality senior housing services at reasonable prices. The Company's communities emphasize a continuum of care, which integrates independent living, assisted living, and memory care services, to provide residents the opportunity to age in place. The Company operates 129 senior housing communities in geographically concentrated regions with an aggregate capacity of approximately 16,500 residents.

Safe Harbor

The forward-looking statements in this release are subject to certain risks and uncertainties that could cause results to differ materially, including, but not without limitation to, the Company's ability to find suitable acquisition properties at favorable terms, financing, refinancing, community sales, licensing, business conditions, risks of downturns in economic conditions generally, satisfaction of closing conditions such as those pertaining to licensure, availability of insurance at commercially reasonable rates, and changes in accounting principles and interpretations among others, and other risks and factors identified from time to time in our reports filed with the Securities and Exchange Commission.

For information about Capital Senior Living, visit www.capitalsenior.com.

Contact Carey P. Hendrickson, Chief Financial Officer, at 972-770-5600 for more information.

CAPITAL SENIOR LIVING CORPORATION CONSOLIDATED BALANCE SHEETS (unaudited, in thousands, except per share data)

		June 30, 2018	December 31, 2017		
ASSETS				-	
Current assets:					
Cash and cash equivalents	\$	10,870	\$	17,646	
Restricted cash		13,457		13,378	
Accounts receivable, net		13,933		12,307	
Property tax and insurance deposits		11,054		14,386	
Prepaid expenses and other		6,626		6,332	
Total current assets		55,940		64,049	
Property and equipment, net		1,079,770		1,099,786	
Other assets, net		17,929		18,836	
Total assets	\$	1,153,639	\$	1,182,671	
LIABILITIES AND SHAREHOLDERS' EQUITY					
Current liabilities:					
Accounts payable	\$	6,534	\$	7,801	
Accrued expenses		38,347		40,751	
Current portion of notes payable, net of deferred loan costs		19,278		19,728	
Current portion of deferred income		14,340		13,840	
Current portion of capital lease and financing obligations		2,912		3,106	
Federal and state income taxes payable		172		383	
Customer deposits		1,305		1,394	
Total current liabilities		82,888		87,003	
Deferred income		9,092		10,033	
Capital lease and financing obligations, net of current portion		47,465		48,805	
Deferred taxes		1,941		1,941	
Other long-term liabilities		13,486		16,250	
Notes payable, net of deferred loan costs and current portion		930,042		938,206	
Commitments and contingencies					
Shareholders' equity:					
Preferred stock, \$.01 par value:					
Authorized shares – 15,000; no shares issued or outstanding					
Common stock, \$.01 par value:					
Authorized shares – 65,000; issued and outstanding					
shares – 31,178 and 30,505 in 2018 and 2017, respectively		317		310	
Additional paid-in capital		183,960		179,459	
Retained deficit		(112,122)		(95,906)	
Treasury stock, at cost – 494 shares in 2018 and 2017		(3,430)		(3,430)	
Total shareholders' equity		68,725		80,433	
Total liabilities and shareholders' equity	\$	1,153,639	\$	1,182,671	

CAPITAL SENIOR LIVING CORPORATION CONSOLIDATED STATEMENTS OF OPERATIONS AND COMPREHENSIVE LOSS (unaudited, in thousands, except per share data)

		Three Months Ended June 30,				Six Months Ended June 30,			
		2018		2017		2018		2017	
Revenues:									
Resident revenue	\$	114,627	\$	116,718	\$	229,270	\$	232,708	
Expenses:									
Operating expenses (exclusive of facility lease									
expense and depreciation and amortization expense		70 0 60		72.2 00		144.660		1.46.065	
shown below)		72,968		73,289		144,668		146,067	
General and administrative expenses		5,712		6,083		11,734		12,317	
Facility lease expense		14,224		13,968		28,438		28,555	
Loss on facility lease termination		2.550		1.041		4.500		12,858	
Stock-based compensation expense		2,559		1,941		4,508		3,871	
Depreciation and amortization expense	_	15,521		16,746		30,893		33,959	
Total expenses	_	110,984		112,027		220,241		237,627	
Income (Loss) from operations		3,643		4,691		9,029		(4,919)	
Other income (expense):									
Interest income		38		14		75		32	
Interest expense		(12,615)		(12,404)		(25,066)		(24,409)	
Gain (Loss) on disposition of assets, net				_		3		(125)	
Other income		1	_	2	_	2	_	5	
Loss before provision for income taxes		(8,933)		(7,697)		(15,957)		(29,416)	
Provision for income taxes	_	(127)	_	(138)	_	(259)	_	(261)	
Net loss	\$	(9,060)	\$	(7,835)	\$	(16,216)	\$	(29,677)	
Per share data:									
Basic net loss per share	\$	(0.30)	\$	(0.27)	\$	(0.55)	\$	(1.01)	
Diluted net loss per share	\$	(0.30)	\$	(0.27)	\$	(0.55)	\$	(1.01)	
Weighted average shares outstanding — basic		29,831		29,478		29,730		29,384	
Weighted average shares outstanding — diluted		29,831		29,478		29,730		29,384	
Comprehensive loss	\$	(9,060)	\$	(7,835)	\$	(16,216)	\$	(29,677)	

CAPITAL SENIOR LIVING CORPORATION CONSOLIDATED STATEMENTS OF CASH FLOWS (unaudited, in thousands)

	Six Months Ended June 30,			une 30,
		2018		2017
Operating Activities				
Net loss	\$	(16,216)	\$	(29,677)
Adjustments to reconcile net loss to net cash provided by operating activities:				
Depreciation and amortization		30,893		33,959
Amortization of deferred financing charges		859		800
Amortization of deferred lease costs and lease intangibles		424		435
Amortization of lease incentives		(856)		(597)
Deferred income		(344)		(502)
Lease incentives				3,655
Loss on facility lease termination				12,858
(Gain) Loss on disposition of assets, net		(3)		125
Provision for bad debts		1,454		975
Stock-based compensation expense		4,508		3,871
Changes in operating assets and liabilities:		,		,
Accounts receivable		(3,080)		(3,828)
Property tax and insurance deposits		3,332		3,586
Prepaid expenses and other		(294)		1,974
Other assets		407		5,380
Accounts payable		(1,267)		2,944
Accrued expenses		(2,404)		(2,907)
Other liabilities		(2,404) $(1,908)$		2,750
		(211)		(235)
Federal and state income taxes receivable/payable Deferred resident revenue				` '
		(97)		(517)
Customer deposits		(89)	-	(65)
Net cash provided by operating activities		15,108		34,984
Investing Activities		(10.000)		(21.042)
Capital expenditures		(10,802)		(21,942)
Cash paid for acquisitions				(85,000)
Proceeds from disposition of assets		4		13
Net cash used in investing activities		(10,798)		(106,929)
Financing Activities				
Proceeds from notes payable		1,740		66,584
Repayments of notes payable		(11,167)		(10,302)
Cash payments for capital lease and financing obligations		(1,534)		(1,161)
Deferred financing charges paid		(46)		(914)
Net cash (used in) provided by financing activities		(11,007)		54,207
Decrease in cash and cash equivalents		(6,697)		(17,738)
Cash and cash equivalents and restricted cash at beginning of period		31,024		47,323
Cash and cash equivalents and restricted cash at end of period	\$	24,327	\$	29,585
Supplemental Disclosures				
Cash paid during the period for:				
Interest	\$	24,121	\$	23,265
Income taxes				
meome taxes	\$	543	\$	529

Capital Senior Living Corporation Supplemental Information

			Avei	rage			
	Communities		Resident	Capacity	Average Units		
	Q2 18	Q2 17	Q2 18	Q2 17	Q2 18	Q2 17	
Portfolio Data							
I. Community Ownership / Management							
Consolidated communities							
Owned	83	83	10,767	10,767	7,971	8,179	
Leased	46	46	5,756	5,756	4,420	4,409	
Total	129	129	16,523	16,523	12,391	12,588	
Independent living			6,879	6,879	4,898	5,245	
Assisted living			9,644	9,644	7,493	7,343	
Total			16,523	16,523	12,391	12,588	
II. Percentage of Operating Portfolio							
Consolidated communities							
Owned	64.3%	64.3%	65.2%	65.2%	64.3%	65.0%	
Leased	35.7%	35.7%	34.8%	34.8%	35.7%	35.0%	
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	
Independent living			41.6%	41.6%	39.5%	41.7%	
Assisted living			58.4%	58.4%	60.5%	58.3%	
Total			100.0%	100.0%	100.0%	100.0%	

Capital Senior Living Corporation
Supplemental Information (excludes two communities being repositioned/leased up and two communities impacted by Hurricane Harvey)
Selected Operating Results

	Q2 18	Q2 17
I. Owned communities		
Number of communities	79	79
Resident capacity	10,248	10,248
Unit capacity (1)	7,776	7,755
Financial occupancy (2)	86.9%	87.8%
Revenue (in millions)	71.5	71.2
Operating expenses (in millions) (3)	46.3	45.0
Operating margin (3)	35%	37%
Average monthly rent	3,527	3,483
II. Leased communities		
Number of communities	46	46
Resident capacity	5,756	5,756
Unit capacity (1)	4,420	4,409
Financial occupancy (2)	83.1%	84.2%
Revenue (in millions)	41.7	42.0
Operating expenses (in millions) (3)	25.1	24.4
Operating margin (3)	40%	42%
Average monthly rent	3,789	3,769
III. Consolidated and Same communities (4)		
Number of communities	125	125
Resident capacity	16,004	16,004
Unit capacity	12,196	12,164
Financial occupancy (2)	85.5%	86.5%
Revenue (in millions)	113.2	113.1
Operating expenses (in millions) (3)	71.3	69.4
Operating margin (3)	37%	39%
Average monthly rent	3,619	3,584
IV. General and Administrative expenses as a percent of Total Revenues under Management		
Second quarter (5)	3.9%	4.8%
Year to Date (5)	4.5%	4.8%
V. Consolidated Mortgage Debt Information (in thousands, except interest rates)		
(excludes insurance premium financing)		
Total fixed rate mortgage debt	878,179	887,477
Total variable rate mortgage debt	76,381	76,624
Weighted average interest rate	4.77%	4.63%

⁽¹⁾ Due to conversion and refurbishment projects completed at certain communities, unit capacity is higher in Q2 18 than Q2 17 for same communities under management, which affects all groupings of communities.

⁽²⁾ Financial occupancy represents actual days occupied divided by total number of available days during the quarter.

⁽³⁾ Excludes management fees, provision for bad debts and transaction and conversion costs.

⁽⁴⁾ Since the Company has not completed any new acquisitions of communities, other than the four communities which were acquired during the first quarter of fiscal 2017 that were previously leased and already included in the Company's consolidated operating results, consolidated and same communities are equivalent for the comparable periods and no longer require separate reporting by the Company.

⁽⁵⁾ Excludes transaction and conversion costs.

CAPITAL SENIOR LIVING CORPORATION NON-GAAP RECONCILIATIONS

(In thousands, except per share data)

	Т	Three Months I	Ended Jur	Six Months Ended June 30,				
		2018		2017		2018	2017	
Adjusted EBITDAR								
Net loss	\$	(9,060)	\$	(7,835)	\$	(16,216)	\$	(29,677)
Depreciation and amortization expense		15,521		16,746		30,893		33,959
Stock-based compensation expense		2,559		1,941		4,508		3,871
Facility lease expense		14,224		13,968		28,438		28,555
Loss on facility lease termination		-		-		-		12,858
Provision for bad debts		995		532		1,454		975
Interest income		(38)		(14)		(75)		(32)
Interest expense		12,615		12,404		25,066		24,409
Loss (Gain) on disposition of assets, net		-		_		(3)		125
Other income		(1)		(2)		(2)		(5)
Provision for income taxes		127		138		259		261
Casualty losses		215		712		429		1,023
Transaction and conversion costs		589		838		838		1,552
Employee benefit reserve adjustments		690		-		690		1,332
Communities excluded due to repositioning/lease-up		(38)		(1,112)		24		(1,813)
	\$		•		ф.		•	```
Adjusted EBITDAR		38,398	\$	38,316	\$	76,303	\$	76,061
Adjusted Revenues								
Total revenues	\$	114,627	\$	116,718	\$	229,270	\$	232,708
Communities excluded due to repositioning/lease-up		(1,419)		(4,700)		(2,773)		(9,341)
Adjusted revenues	\$	113,208	\$	112,018	\$	226,497	\$	223,367
Adjusted net loss and Adjusted net loss per share								
Net loss	\$	(9,060)	\$	(7,835)	\$	(16,216)	\$	(29,677)
Casualty losses		215		712		429		1,023
Transaction and conversion costs		619		933		881		2,036
Employee benefit reserve adjustments		690		_		690		· -
Resident lease amortization		-		2,085		-		5,323
Loss on facility lease termination		_		_,		_		12,859
Loss (Gain) on disposition of assets		_		_		(3)		125
Tax impact of Non-GAAP adjustments (25% in 2018 and 37% in 2017)		(209)		(1,380)		(327)		(7,905)
Deferred tax asset valuation allowance		2,110		2,768		3,519		10,933
Communities excluded due to repositioning/lease-up		606		453		1,278		1,038
Adjusted net loss	\$	(5,029)	\$	(2,264)	\$	(9,749)	\$	(4,245)
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Diluted shares outstanding Adjusted net loss per share	•	(0.17)		29,478		(0.33)	•	29,384
	\$	(0.17)	\$	(0.08)	\$	(0.33)	\$	(0.14)
Adjusted CFFO		(0.0.50)		(7.025)		(4 < 0.4 <)	Φ.	(00 (555)
Net loss	\$	(9,060)	\$	(7,835)	\$	(16,216)	\$	(29,677)
Non-cash charges, net		19,012		20,535		36,935		55,579
Lease incentives		-		(1,397)		-		(3,655)
Recurring capital expenditures		(1,186)		(1,186)		(2,373)		(2,373)
Casualty losses		215		712		429		1,023
Transaction and conversion costs		619		933		881		1,812
Employee benefit reserve adjustments		690		-		690		-
Communities excluded due to repositioning/lease-up		320		(311)		709		(233)
Communities excluded due to repositioning/lease-up		10,610	-	11,451	\$	707	-	(200)