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FOR IMMEDIATE RELEASE

CAPITAL SENIOR LIVING CORPORATION ANNOUNCES
RELEASE DATE FOR FIRST QUARTER 2016 FINANCIAL RESULTS

DALLAS – (BUSINESS WIRE) – April 19, 2016 - Capital Senior Living Corporation (NYSE:CSU) will host a conference call with senior management to discuss the Company's first quarter 2016 financial results. The call will be held on Tuesday, May 3, 2016, at 5:00 p.m. Eastern Time. The Company's earnings announcement is scheduled to be released to news services after the market closes on Tuesday, May 3, 2016.

The call-in number is 913-312-1427, confirmation code 9231614. A link to a simultaneous webcast of the teleconference will be available at www.capitalsenior.com through Windows Media Player or RealPlayer.

For the convenience of the Company's shareholders and the public, the conference call will be recorded and available for replay starting May 3, 2016 at 8:00 p.m. Eastern Time, until May 12, 2016 at 8:00 p.m. Eastern Time. To access the conference call replay, call 719-457-0820, confirmation code 9231614. The conference call will also be made available for playback via the Company's corporate website, www.capitalsenior.com, beginning May 4, 2016.

About the Company

Capital Senior Living Corporation is one of the nation's largest operators of residential communities for senior adults. The Company's operating strategy is to provide value to residents by providing quality senior living services at reasonable prices. The Company's communities emphasize a continuum of care, which integrates independent living, assisted living, and home care services, to provide residents the opportunity to age in place. The Company operates 126 senior living communities in geographically concentrated regions with an aggregate capacity of approximately 15,800 residents.

For information about Capital Senior Living, visit www.capitalsenior.com.

Contact Carey Hendrickson, Chief Financial Officer, at 972-770-5600 for more information.