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FOR IMMEDIATE RELEASE

CAPITAL SENIOR LIVING CORPORATION ANNOUNCES RELEASE DATE FOR FIRST QUARTER 2018 FINANCIAL RESULTS

DALLAS – (GLOBE NEWSWIRE) – April 18, 2018 - Capital Senior Living Corporation (NYSE:CSU) will host a conference call with senior management to discuss the Company's first quarter 2018 financial results. The call will be held on Tuesday, May 1, 2018, at 5:00 p.m. Eastern Time. The Company's earnings announcement is scheduled to be released to news services after the market closes on Tuesday, May 1, 2018.

The call-in number is 323-701-0225, confirmation code 2087338. A link to a simultaneous webcast of the teleconference will be available at www.capital senior.com through Windows Media Player or RealPlayer.

For the convenience of the Company's shareholders and the public, the conference call will be recorded and available for replay starting May 1, 2018 at 8:00 p.m. Eastern Time, until May 9, 2018 at 8:00 p.m. Eastern Time. To access the conference call replay, call 719-457-0820, confirmation code 2087338. The conference call will also be made available for playback via the Company's corporate website, www.capital senior.com.

About the Company

Capital Senior Living Corporation is one of the nation's largest operators of residential communities for senior adults. The Company's operating strategy is to provide value to residents by providing quality senior housing services at reasonable prices. The Company's communities emphasize a continuum of care, which integrates independent living, assisted living and memory care services to provide residents the opportunity to thrive in community and to age in place. The Company operates 129 senior living communities in geographically concentrated regions with an aggregate capacity of approximately 16,500 residents.

For information about Capital Senior Living, visit www.capital senior.com.

Contact Carey Hendrickson, Chief Financial Officer, at 972-770-5600 for more information.