



**PRESS CONTACT:**  
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FOR IMMEDIATE RELEASE

**CAPITAL SENIOR LIVING CORPORATION ANNOUNCES  
RELEASE DATE FOR FOURTH QUARTER AND  
FULL YEAR 2018 FINANCIAL RESULTS**

DALLAS – (GLOBE NEWSWIRE) – February 21, 2019 - Capital Senior Living Corporation (NYSE:CSU) will host a conference call with senior management to discuss the Company's fourth quarter and full year 2018 financial results. The call will be held on Thursday, February 28, 2019, at 9:00 a.m. Eastern Time. The Company's earnings announcement is scheduled to be released to news services before the market opens on Thursday, February 28, 2019.

The call-in number is 323-794-2588, confirmation code 6759095. A link to a simultaneous webcast of the teleconference will be available at [www.capitalsenior.com](http://www.capitalsenior.com) through Windows Media Player or RealPlayer.

For the convenience of the Company's shareholders and the public, the conference call will be recorded and available for replay starting February 28, 2019 at 12:00 p.m. Eastern Time, until March 8, 2019 at 12:00 p.m. Eastern Time. To access the conference call replay, call 719-457-0820, confirmation code 6759095. The conference call will also be made available for playback via the Company's corporate website, [www.capitalsenior.com](http://www.capitalsenior.com).

**About the Company**

Capital Senior Living Corporation is one of the nation's largest operators of residential communities for senior adults. The Company's operating strategy is to provide value to residents by providing quality senior housing services at reasonable prices. The Company's communities emphasize a continuum of care, which integrates independent living, assisted living, and memory care services, to provide residents the opportunity to age in place. The Company operates 129 senior housing communities in geographically concentrated regions with an aggregate capacity of approximately 16,500 residents.

Contact Carey P. Hendrickson, Chief Financial Officer, at 972-770-5600 for more information.