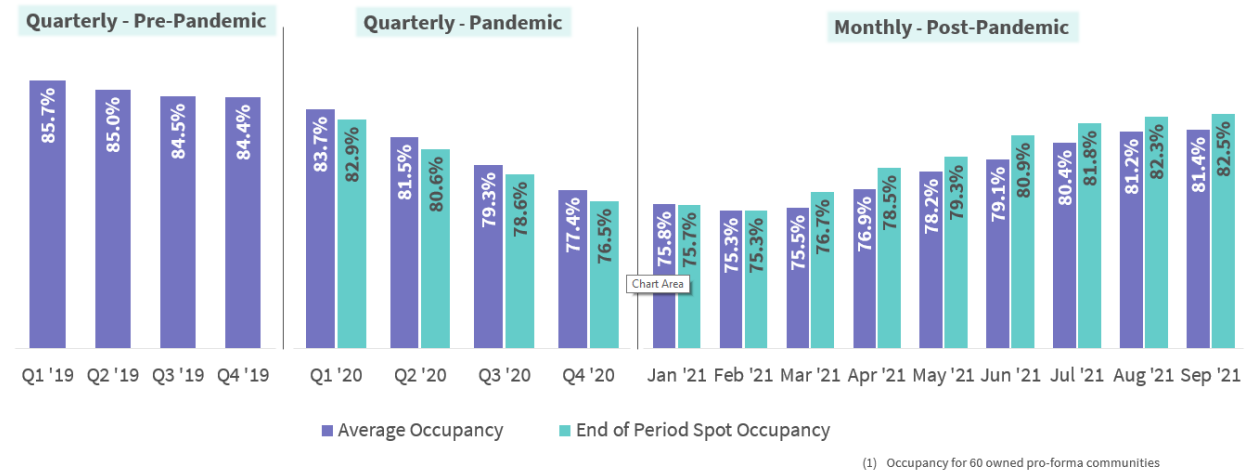


Capital Senior Living Announces September 2021 Occupancy *Marks seventh month of consecutive growth*

DALLAS, October 14, 2021 – Capital Senior Living Corporation (the “Company” or “Capital Senior Living”) (NYSE: CSU), a leading owner-operator of senior living communities and services announced its September 2021 occupancy.

September average occupancy was 81.4%, an increase of 20 basis points from August and 610 basis points from the pandemic low average monthly occupancy of 75.3% in February 2021.



While September marks the seventh consecutive month of occupancy improvement for the Company, the growth has slowed compared to prior months. The deceleration was caused in part by capital constraints and expense management activities which delayed room turns for potential resident tours and move-ins.

Leading indicators, such as leads, tours and overall sales activities, continued to increase sequentially in Q3 compared to Q2.

About Capital Senior Living

Dallas-based Capital Senior Living Corporation is one of the nation’s leading operators of independent living, assisted living and memory care communities for senior adults. The Company operates 75 communities that are home to nearly 7,000 residents across 18 states providing compassionate, resident-centric services and care and engaging programming. The Company offers seniors the freedom and opportunity to successfully, comfortably and happily age in place.

Learn more on the [Capital Senior Living website](#) or connect with the Company on [Facebook](#), [Twitter](#) or [LinkedIn](#).

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