

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

MAGNOLIA TRAILS

			9:30 Reflections 10:00 National Peanut Butter 10:30 Stretch & Tone 11:15 Guess the Nut 2:00 New Horizons Band 3:30 Nutty and Funny Jokes 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Reved Up 10:30 Yoga & Meditation 11:15 Touch Toes 11:30 Set Table 1:30 Drawing Stations 2:00 Sandwich Social 3:00 Self Relaxing Massage 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Berries and Such 10:30 Seniors Power Up 11:15 Tambourines 11:30 Set Table 1:30 Plethora of Puzzles 2:00 If Pets Had Thumbs/Snack 3:00 Crafts & Floats 4:00 Aegis Physical 7:00 Social	10:00 Fruits & Veggies Snack 10:30 Relaxing Adult Coloring 11:15 Setting the Table 1:30 Laundry 2:00 Wrap Snack 3:30 Nursery 4:15 Dinner Preparation 7:00 Saturday Evening Post 8:00 Movie Night & Popcorn
9:30 Nursery LifeStation 10:00 Fruits & Veggies Snack 10:30 Coffee Clatch 11:15 Setting the Table 1:30 Household Chores 2:00 Sandwiches & Chat 3:00 Church Service 4:15 Sunday Dinner Preparation 7:00 Social & Evening Snack 8:00 Masterpiece Theater	9:30 Reflections 10:00 Fresh Fruit or Veggie 10:30 Tai Chi 11:15 Kickboxing 11:30 Set Table 1:30 Life Skill Stations 2:00 Snack n Chat 3:00 Walking Club 4:00 Aegis Physical 7:00 Social Purim Begins	9:30 Reflections 10:00 Baking Blueberry Muffins 10:00 Revitalize 10:30 Beauty Self Care 11:15 1100 Steps in 8 Minutes 1:30 Zingo 2:00 Snack Attack 2:00 Stephen Foss 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Healthy Choice Snack 10:30 Stretch & Tone 11:15 Snap & Clap 1:30 "M"oonshiners Documentary 2:00 Kathy & Michael 3:00 "M" Categories 4:00 Aegis Physical 7:00 Social	9:30 Full Moon Reflections 10:00 Reved Up 10:30 Yoga 11:15 Touch Toes 11:30 Set Table 1:30 Aromatherapy Stations 2:00 Sandwich Social 3:00 Spa Nails & Massage 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Berries and Such 10:30 Senior Sittercise 11:15 Tambourines 11:30 Set Table 1:30 Crosswords 2:00 Snack n Chat 3:00 Ice Cream & Karaoke 4:00 Aegis Physical 7:00 Social	10:00 Fruits & Veggies Snack 10:30 Relaxing Adult Coloring 11:15 Setting the Table 1:30 Laundry 2:00 Wrap Snack 3:30 Nursery 4:15 Dinner Preparation 7:00 Saturday Evening Post 8:00 Movie Night & Popcorn
9:30 Pet LifeStation 10:00 Fruits & Veggies Snack 11:15 Setting the Table 1:30 Household Chores 1:30 Alfred Hitchcock Movie Day 2:00 Sandwiches & Chat 3:00 Church Service 4:15 Sunday Dinner Preparation 7:00 Social & Evening Snack Daylight Saving Time Begins	9:30 Reflections 10:00 Fresh Fruit or Veggie 10:30 Tai Chi 11:15 Rhythm Sticks 11:30 Set Table 1:30 DJ & Dancing 2:00 Snack n Chat 3:00 Acrylic Shamrocks Painting 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Revitalize 10:00 Reminisce in the Kitchen 10:30 Beauty Self Care 11:15 Health Q & A: Hydration 1:30 Tangrams 2:00 Snack Attack 2:00 Stephen Foss 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Healthy Choice Snack 10:30 Stretch & Tone 11:15 Drumming 11:30 Set Table 1:30 Traditional Irish Music 3:00 March Birthday Party 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Reved Up 10:30 Yoga & Meditation 11:15 Truth or Blarney? 11:30 Set Table 1:30 Tactile Clay Stations 2:00 Sandwich Social 3:00 Erin Go Bragh Massage 4:00 Aegis Physical 7:00 Social	9:30 It's Not Easy Being Gree 10:00 Photo Booth 10:30 Silver Sneakers 11:30 St. Patrick's Luncheon 1:30 Paddy's WordSearches 2:00 Snack n Chat 3:00 Erie Happy Hour & Button Betting 4:00 Aegis Physical St. Patrick's Day	10:00 Fruits & Veggies Snack 10:30 Relaxing Adult Coloring 11:15 Setting the Table 1:30 Laundry 2:00 Wrap Snack 3:30 Nursery 4:15 Dinner Preparation 7:00 Saturday Evening Post 8:00 Movie Night & Popcorn
9:30 Nursery LifeStation 10:00 Fruits & Veggies Snack 10:30 Coffee Clatch 11:15 Setting the Table 1:30 Household Chores 2:00 Sandwiches & Chat 3:00 Church Service 4:15 Sunday Dinner Preparation 7:00 Social & Evening Snack 8:00 Masterpiece Theater	9:30 Reflections 10:00 Fresh Fruit or Veggie 10:30 Tai Chi 11:15 Kickboxing 11:30 Set Table 1:30 Life Skill Stations 2:00 Snack n Chat 3:00 Walking Club 4:00 Aegis Physical 7:00 Social Spring Begins	9:30 Reflections 10:00 Revitalize 10:00 Baking Homemade Bread 10:30 Beauty Self Care 11:15 DanceSteps 1:30 Montessori Activities 2:00 Snack Attack 2:00 Stephen Foss 4:00 Aegis Physical 7:00 Social	9:30 American Red Cross 10:00 Healthy Choice Snack 10:30 Stretch & Tone 11:15 Snap & Clap 11:30 Set Table 1:30 "M"adrid Arm Chair Travels 2:00 Kathy & Michael 3:00 Name 5 4:00 Aegis Physical 7:00 Social Ramadan Begins	9:30 Reflections 10:00 Reved Up 10:30 Yoga 11:15 Touch Toes 1:30 Organizing Stations 2:00 Sandwich Social 3:00 Reflexology & Massage 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Berries and Such 10:30 Senior Sittercise 11:15 Tambourines 11:30 Set Table 1:30 Brain Busters 2:00 Snack n Chat 3:00 Sips & Painting 4:00 Aegis Physical 7:00 Social	10:00 Fruits & Veggies Snack 10:30 Relaxing Adult Coloring 11:15 Setting the Table 1:30 Laundry 2:00 Wrap Snack 3:30 Nursery 4:15 Dinner Preparation 7:00 Saturday Evening Post 8:00 Movie Night & Popcorn
9:30 Pet LifeStation 10:00 Fruits & Veggies Snack 10:30 Coffee Clatch 11:15 Setting the Table 1:30 Household Chores 2:00 Sandwiches & Chat 3:00 Church Service 4:15 Sunday Dinner Preparation 7:00 Social & Evening Snack 8:00 Masterpiece Theater	9:30 Reflections 10:00 Fresh Fruit or Veggie 10:30 Tai Chi 11:15 Rhythm Sticks 11:30 Set Table 1:30 Scribble Day 2:00 Snack n Chat 3:00 Walking Club 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Revitalize 10:00 Baking Cupcakes 10:30 Beauty Self Care 11:15 Bruno Mars Step Workout 1:30 Dominoes 2:00 Snack Attack 2:00 Stephen Foss 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Healthy Choice Snack 10:30 Stretch & Tone 11:15 Drumming 11:30 Set Table 1:30 "M"exico Arm Chair Travels 2:00 Kathy & Michael 3:00 Painting 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Reved Up 10:30 Yoga & Meditation 11:15 Touch Toes 1:30 DJ Rockin Robin 1:30 Folding Stations 2:00 Sandwich Social 3:00 Spa Nails & Massage 4:00 Aegis Physical 7:00 Social	9:30 Reflections 10:00 Berries and Such 10:30 Senior 11:15 Tambourines 11:30 Set Table 1:30 Matching Game 2:00 Snack n Chat 3:00 TGIF Happy Hour 4:00 Aegis Physical 7:00 Social	

Type the name, address, and other information about your community/company here.