

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 Cardio w/ Aegis (AR) <b>1</b> 10:00 Wii Bowling (AR) 12:30 Meyers Center (FL) 1:00 Card Games (GR) 1:30 Birthday Party (AR) 2:00 Popcorn Social (FL) 3:00 Volleyball (AR) 6:00 BINGO (AR)	9:00 Cardio Kickboxing (AR) <b>2</b> 9:30 Catholic Communion (PD) 10:00 Devotion (AR) 1:00 Bridge Club (CR) 1:30 Fashion Show (AR) 3:00 Scrabble w/ Wilbur (GR) 3:00 Cardio w/ Cheyenne (AR)  7:15 Barbershop Rehearsal  Groundhog Day	9:00 Power Pump (AR) <b>3</b> 9:30 Catholic Communion (PD) 10:00 Wii Bowling (AR) 10:00 Crossword and Word Search (GR) 11:00-12:30 Make Valentine Centerpieces (AR) 1:30 Music Therapy (AR) 3:00 Book Club (LIB) 3:00 Scrabble (AR)	9:00 Passport To Wellness <b>4</b> (AR) 1:30 Movie Matinee (AR) 2:00 Popcorn Social (FL) 3:00-4:00 Fingernail Clinic w/ Phoenix (PO) 6:00 BINGO (AR)
9:00 Passport to Wellness (AR) <b>5</b> 1:30 Church Service (AR) 3:00 Games w/ Friends and Neighbors	9:00 Balance and Stretch (AR) <b>6</b> 10:00 Crossword and Word Search (GR) 1:00 BUNCO! (AR) 2:00 Cookie Time (FL) 3:00 Broom Ball (AR) 6:00 BINGO! (AR)	9:00 Resistance Bands (AR) <b>7</b> 9:45 Coffee and Conversation (PD) 10:30 Shopping at Price Cutter (FL) 1:30 Make a Valentine Card (AR) 3:00 Cinnamon Rolls and Cranium Crunch (AR) 6:00 Movie Time (AR)	9:00 Cardio w/ Aegis (AR) <b>8</b> 10:00 Wii Bowling (AR) 12:30 Meyers Center (FL) 1:00 Card Games (GR) 1:30 Fall Risk Prevention (AR) 2:00 Popcorn Social (FL) 3:00 Volleyball (AR) 6:00 BINGO (AR)	9:00 Cardio Kickboxing (AR) <b>9</b> 10:00 Devotion (AR) 1:00 Resident Meeting (AR) 2:00 Piano w/ Kathie (AR) 3:00 Scrabble w/ Wilbur (CR) 3:00 Cardio w/ Cheyenne (AR)  7:15 Barbershop Rehearsal	9:00 Exercise/Jordan (AR) <b>10</b> 10:00 Wii Bowling (AR) 10:00 Crossword and Word Search (GR) 1:30 Music Therapy (AR) 2:45 Cookie Decorating (AR) 3:00 Scrabble (AR)	9:00 Passport To Wellness <b>11</b> (AR) 1:30 Movie Matinee (AR) 2:00- 4:00 Sweetheart Swirl (DR) 3:00-4:00 Fingernail Clinic w/ Phoenix (PO) 6:00 BINGO (AR)
9:00 Passport to Wellness (AR) <b>12</b> 1:30 Church Service (AR) 3:00 Games w/ Friends and Neighbors	9:00 Balance and Stretch (AR) <b>13</b> 10:00 Crossword and Word Search (GR) 10:00 Protestant Communion (AR) 11:00 New Resident Welcome Lunch (PD) 1:00 BUNCO! (AR) 2:00 Cookie Time (FL) 3:00 Broom Ball (AR) 6:00 BINGO! (AR)	9:00 Resistance Bands (AR) <b>14</b> 9:45 Coffee and Conversation (PD) 10:30 Shopping at Neighborhood Market (FL) 1:30 Valentine Party (AR) 3:00 Resident Council Meeting and Election (AR) Wear Pink, White, Red	9:00 Cardio w/ Aegis (AR) <b>15</b> 10:00 Wii Bowling (AR) 12:30 Meyers Center (FL) 1:00 Card Games (GR) 1:30 Storytelling (AR) 2:00 Popcorn Social (FL) 3:00 Volleyball (AR) 6:00 BINGO (AR)	9:00 Cardio Kickboxing (AR) <b>16</b> 9:30 Catholic Communion (PD) 10:00 Devotion (AR) 11:00-1:00 Wine N Dine t(DR) Mardi Gras Theme 1:00 Bridge Club (CR) (AR) 3:00 Scrabble w/ Wilbur (GR) 3:00 Cardio w/ Cheyenne (AR) 7:15 Barbershop Rehearsal	9:00 Power Pump (AR) <b>17</b> 9:30 Catholic Communion (PD) 10:00 Wii Bowling (AR) 10:00 Crossword and Word Search (GR) 1:30 Music Therapy (AR) 2:45 Trivia (AR) 3:00 Scrabble (AR)	9:00 Passport To Wellness <b>18</b> (AR) 1:30 Movie Matinee (AR) 2:00 Popcorn Social (FL) 3:00-4:00 Fingernail Clinic w/ Phoenix (PO) 6:00 BINGO (AR)
9:00 Passport to Wellness (AR) <b>19</b> 1:30 Church Service (AR) 3:00 Games w/ Friends and Neighbors	9:00 Balance and Stretch (AR) <b>20</b> 10:00 Crossword and Word Search (GR) 1:00 BUNCO! (AR) 2:00 Cookie Time (FL) 2:00 Presidential Wheel of Fortune (AR) 6:00 BINGO! (AR)  Presidents' Day	9:00 Resistance Bands (AR) <b>21</b> 9:45 Coffee and Conversation (PD) 10:30 Shopping at Walmart Supercenter (FL) 1:30 Vets Cafe w/ Steve (PD) 6:00 Movie Time (AR)  Mardi Gras	9:00 Cardio w/ Aegis (AR) <b>22</b> 10:00 Wii Bowling (AR) 12:30 Meyers Center (FL) 1:00 Card Games (GR) 2:00 Popcorn Social (FL) 3:00 Volleyball (AR) 6:00 BINGO (AR)  Ash Wednesday	9:00 Cardio Kickboxing (AR) <b>23</b> 10:00 Devotion (AR) 1:30 FREE BINGO w/ Medicenter Pharmacy (AR) 3:00 Scrabble w/ Wilbur (GR) 3:00 Cardio w/ Cheyenne (AR)  7:15 Barbershop Rehearsal	9:00 Power Pump (AR) <b>24</b> 10:00 Wii Bowling (AR) 10:00 Crossword and Word Search (GR) 1:30 Music Therapy (AR) 2:45 Mix N Mingle (AR) 3:00 Scrabble (AR)	9:00 Passport To Wellness <b>25</b> (AR) 1:30 Movie Matinee (AR) 2:00 Popcorn Social (FL) 3:00-4:00 Fingernail Clinic w/ Phoenix (PO) 6:00 BINGO (AR)
9:00 Passport to Wellness (AR) <b>26</b> 1:30 Church Service (AR) 3:00 Games w/ Friends and Neighbors	9:00 Balance and Stretch (AR) <b>27</b> 10:00 Crossword and Word Search (GR) 1:00 BUNCO! (AR) 2:00 Cookie Time (FL) 3:00 Broom Ball (AR) 6:00 BINGO! (AR)	9:00 Resistance Bands (AR) <b>28</b> 9:45 Coffee and Conversation (PD) 10:30 Shopping at Price Cutter (FL) 1:00 Manicures and Champagne (AR) 3:00 Yoga w/ Cheyenne 6:00 Movie Time (AR)	<h1>February 2023</h1>			