

September 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023										
Friday			Saturday			Sunday				
						9:00 Power Pump (AR) 10:00 Wii Bowling (AR) 10:00 Word Puzzles (GR) 12:00 Gym Demo (GYM)) 1:00 Bridge Club (CR) 1:00 Gentle Yoga w/ Cheyenne (AR) 1:30 Music Therapy (AR) 3:00 Scrabble (GR)				
9:00 Passport to Wellness (AR) 1:30 Church Service (AR) 2:00 Popcorn Social (FL) 3:00 Games w/ Neighbors 3:00-4:00 Fingernail Clinic w/ Phoenix (PO) 6:00 BINGO (AR)			9:00 Exercise w/ Phoenix (AR) 9:30 Shopping at Walmart Super Center (FL) 1:30 Line Dancing w/ Kathy (AR) 3:00 Pinochle (GR) 2:00 Cookie Time (FL) 6:00 Movie Time (AR)			9:00 Cardio w/ Cheyenne (AR) 10:00 Wii Bowling (AR) 11:30 Waterford Walkers (FL) 1:00 Games w/ Neighbors (GR) 1:30 Birthday Party w/ Phoenix (AR) 2:00 Popcorn Social (FL) 6:00 BINGO (AR)			9:00 Cardio Kickboxing (AR) 9:30 Catholic Communion (PD) 10:00 Devotion (AR) 11:00 Wii Carnival Games (AR) 1:00 Squeeze Play (AR) 2:00 Cookie Time (FL) 2:00 Poker (GR) 3:00 Seated Volleyball (AR) 3:00 Scrabble w/ Wilbur (CR) 7:15 Barbershop Quartet (AR)	
			Labor Day						9:00 Power Pump (AR) 10:00 Wii Bowling (AR) 10:00 Word Puzzles (GR) 11:00-1:00 Paparazzi Jewelry (AR) 12:00 Gym Demo (GYM)) 1:00 Gentle Yoga w/ Cheyenne (AR) 1:30 Music Therapy (AR) 2:45 Manicures and Champagne (AR) 3:00 Scrabble w/ Wilbur (CR)	
9:00 Passport to Wellness (AR) 10:00-11:00 Hymns w/ Wesley Methodist Church (AR) 1:30 Church Service (AR) 2:00 Popcorn Social (FL) 3:00 Games w/ Neighbors 3:00-4:00 Fingernail Clinic w/ Phoenix (PO) 6:00 BINGO (AR) Happy Grandparents Day			9:00 Balance & Stretch (AR) 10:00 Protestant Communion (AR) 10:00 Word Puzzles (GR) 1:00 BUNCO (AR) 2:00 Mental Fitness (AR) 3:00 Broom Ball (AR) 6:00 BINGO (AR)			9:00 Exercise w/ Phoenix (AR) 9:30 Shopping at Price Cutter (FL) 11:00 Ladies Lunch Bunch (FL) 1:00 Tiny Dancer Craft (AR) 2:00 Cookie Time (FL) 3:00 Wheel of Fortune (AR) 6:00 Movie Time (AR)			9:00 Cardio w/ Cheyenne (AR) 10:00 Wii Bowling (AR) 11:30 Waterford Walkers (FL) 12:30 Movie Matinee at The Gilloz (FL) 1:00 Games w/ Neighbors (GR) 2:00 Popcorn Social (FL) 6:00 BINGO (AR)	
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FL= Front Lobby AR+ Activity Room CR= Craft Room Game Room= Game Room Lib = Library GYM = Gym PD= Private Dining Room PO= Phoenix Office