

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

September 2023						1	2							
						9:00 Personal Errands: B* 9:15 Fit & Fabulous: AR 1:00 Wii games: AR 1:30 Arts & Crafts/Sunflower Wreaths: AR 3:00 Happy Hour: AR	9:15 Chair Exercise: AR 10:00 Scrabble/Open Table: AR 11:00 – 2:00 Avon/Scentsy Sale: AR 2:00 Wii Games: AR 6:00 Dominoes: AR							
3	9:15 Sit & Be Fit: AR 10:00 Wii Games: AR 1:00 Scrabble/Open Table: DC 1:00 TJ Maxx/Home Goods: B* 2:00 Ice-Cream Social/Ice-Cream Sandwiches: AR 3:30 Word Find: AR 6:30 Card Games: AR Labor Day	4	Scheduled Medical Appointments National Cheese Pizza Day 9:15 Movin & Grooving: AR 10:00 Chair Volleyball: AR 11:00 Brain Games/Riddles: AR 1:00 Mexican Train: AR 2:00 Wii Games: AR 3:00 Mini Cheese Pizza's	5	9:15 Get Fit, Don't Quit: AR 9:15 Walmart/Target: B* 1:00 Contract Rummy/Open Table (21 nickels needed): AR 2:00 What's in the Bag Game: AR 4:30 Dinner Cocktails: R	6	Scheduled Medical Appointments 9:15 Wake Up & Stretch: AR 10:00 Dominoes: AR 1:00 Art Therapy: AR 2:00 Trivia: R 3:00 Bingo: AR	7	9:00 Personal Errands: B* 9:15 Fit & Fabulous: AR 1:00 Wii games: AR 2:00 Tony Macaroni/Music: R 3:00 Happy Hour: AR	8	9:15 Chair Exercise: AR 10:00 Scrabble/Open Table: AR 2:00 Wii Games: AR 6:00 Dominoes: AR	9		
10	9:30 Prestonwood Worship Service/Streamed: AR 9:30 Catholic Service: L 3:30 Scrabble/Open Table: AR Grandparents Day	11	9:15 Sit & Be Fit: AR 10:00 Wii Games: AR 1:00 Scrabble/Open Table: DC 2:00 Ice-Cream Social/Blizzard: AR 3:30 Word Find: AR 6:30 Card Games: AR	12	Scheduled Medical Appointments 9:00 Resident Council Board Meeting: PDR 9:15 Movin & Grooving: AR 11:00 Brain Games/Wordle: AR 12:00 Italian Lunch: DR 1:00 Mexican Train: DC 2:00 Grief & Loss Support Group: AR	13	National Peanut Day 9:15 Get Fit, Don't Quit: AR 9:15 Walmart/Target: B* 11:30 Lunch Bunch: Whiskey Cake Kitchen: B*\$ 1:00 Contract Rummy/Open Table (21 nickels needed): AR 4:30 Dinner Cocktails: R	14	Scheduled Medical Appointments 9:15 Wake Up & Stretch: AR 10:00 Dominoes: AR 11:00 Blood Pressure Clinic with Harbor Hospice: L 1:00 Art Therapy: AR 2:00 Trivia: R 3:00 Bingo: AR Rosh Hashanah Begins	15	9:00 Personal Errands: B* 9:15 Fit & Fabulous: AR 1:00 Wii games: AR 1:30 Acorn Crafts: AR 3:00 Happy Hour: AR	16	9:15 Chair Exercise: AR 10:00 Scrabble/Open Table: AR 2:00 Wii Games: AR 6:00 Dominoes: AR Oktoberfest Begins	17
17	9:30 Prestonwood Worship Service/Streamed: AR 9:30 Catholic Service: L 3:30 Scrabble/Open Table: AR	18	9:15 Sit & Be Fit: AR 10:00 Wii Games: AR 1:00 Scrabble/Open Table: DC 1:00 Plano Nail Bar: B*\$ 2:00 Ice-Cream Social/Paletas: AR 3:30 Word Find: AR 6:30 Card Games: AR	19	Scheduled Medical Appointments National Butterscotch Day 9:15 Movin & Grooving: AR 10:00 Bean Bag Toss: AR 11:00 Brain Games/Hangman: AR 1:00 Mexican Train: AR 2:00 Meet & Greet Newcomer's: L	20	National Queso Day 9:15 Get Fit, Don't Quit: AR 9:15 Walmart/Target: B* 10:00 Coffee & Donuts: L 1:00 Contract Rummy/Open Table (21 nickels needed): AR 2:00 Seran Wrap Game: AR 3:00 Queso/Chips: AR 4:15 Town Hall Meeting: R	21	Scheduled Medical Appointments 9:15 Wake Up & Stretch: AR 10:00 Donuts & Coffee: AR 10:00 Dominoes: AR 1:00 Art Therapy: AR 2:00 Trivia: R 3:00 Bingo: AR	22	9:00 Personal Errands: B* 9:15 Fit & Fabulous: AR 1:00 Wii games: AR 2:00 Seniors on Stage: R 3:00 Happy Hour: AR	23	9:15 Chair Exercise: AR 10:00 Scrabble/Open Table: AR 2:00 Wii Games: AR 6:00 Dominoes: AR Autumn Begins	24
24	9:30 Prestonwood Worship Service/Streamed: AR 9:30 Catholic Service: L 2:30 Prestonwood Worship Service/Live: R 3:30 Scrabble/Open Table: AR Yom Kippur Begins	25	9:15 Sit & Be Fit: AR 10:00 Wii Games: AR 9:00 Buc-ee's: (AL/IL) B*\$ 1:00 Scrabble/Open Table: DC 2:00 Ice-Cream Social/Hot Fudge Sundae's: AR 3:30 Word Find: AR 6:30 Card Games: AR	26	Scheduled Medical Appointments 9:15 Movin & Grooving: AR 10:00 Miniature Golf: AR 11:00 Brain Games/Online Crosswords: AR 1:00 Mexican Train: DC 3:00 High Tea: AR	27	9:15 Get Fit, Don't Quit: AR 9:15 Walmart/Target: B* 11:30 Lunch Bunch: Red Truck Café: B*\$ 1:00 Contract Rummy/Open Table: AR 1:30 Comfort Dog Visit: R 3:00 Men's Club with Zane: L 4:30 Dinner Cocktails: R	28	Scheduled Medical Appointments 9:15 Wake Up & Stretch: AR 10:00 Dominoes: AR 11:00 Blood Pressure Clinic with Harbor Hospice: L 1:00 Art Therapy: AR 2:00 Trivia: R 3:00 Bingo: AR	29	National Coffee Day 9:00 Personal Errands: B* 9:15 Fit & Fabulous: AR 1:00 Wii games: AR 2:00 Glen Bailey/Music: R 3:00 Happy Hour: AR Sukkot Begins	30	9:15 Chair Exercise: AR 10:00 Scrabble/Open Table: AR 2:00 Wii Games: AR 6:00 Dominoes: AR	

Room Key: R/Rotunda AR/Activity Room DC/Design Center DR/Dining Room L/Library (All Activities Subject to Change)